

DISCOVERIES

HOLLAND'S SPECTACULAR THERMAETEL

A short taxi ride from downtown Maastricht, just a 30-minute flight from Amsterdam and at the center of the new European Economic community, is the beautiful four-star Thermaetel spa-resort.

This ultra-modern hotel is built into a terraced hillside so that each of the 60 rooms and nine suites has a splendid view of the magnificent valley below. The hotel is connected to the Thermae 2000 spa, and the entire complex has the futuristic feel of a Space Odyssey.

Public areas are tastefully decorated for the utmost in relaxation. A gourmet restaurant serves excellent, healthy food inside or on a roof terrace. Rooms are comfortably furnished, with large bathtubs offering a choice of mineral or "regular" water.

Nightly rates (approximately \$200 for two people) include breakfast and unlimited use of the facilities. Besides indoor and outdoor thermal pools, there are whirlpools, a steam room and eight different log cabin-style saunas. Activities range from yoga and meditation to Nautilus training.

Individual health and treatment programs also can be arranged, either at the hotel or the spa. There are a variety of massages as well as therapeutic floating baths where clients are wrapped in their choice of lavender, lemonbalm, Alpine mud, or creamy milk and oil.

For more information on Thermaetel spa-resort, call the Netherlands Board of Tourism at (212) 370-9507. ☉

—Ellen Sarbone